

## Six-Minute Guitar Practice Planner

Check out the full article and video here: <https://classicalguitarshed.com/6-minute-guitar-practice/>

Write details of your practice plan in the space below each section. Include any points to remember and specific goals on which you'll focus (i.e. consistent rhythm or volume).

### 1. An Independence Exercise

### 2. A Right-Hand Pattern

### 3. Scale Practice

### 4. Slurs (hammer-ons and/or pull-offs)

### 5. Barre Practice

### 6. Detail a Spot from a Piece

#### Tips:

- Set a timer app to chime automatically every 60 seconds
- Decide which specific exercises, patterns, etc. you'll practice in advance
- Keep full focus on the current exercise
- Go for quality repetitions, not speed
- State your specific objectives at the beginning of each new practice area
- Pat yourself on the back. You're doing great!